

# Seeking African American Men & Women Ages 18+

to take part in research on  
**FAITH-BASED DEPRESSION TREATMENT CLASSES**

- ❖ *Are you age 18 or older?*
- ❖ *Are you feeling sad or overwhelmed?*
- ❖ *Are you sleeping too much or too little?*
- ❖ *Is life not fun or enjoyable anymore?*
- ❖ *Are you feeling hopeless?*
- ❖ *Are you feeling depressed most of the day?*

*If you answered **YES** to some or all of these questions, you may be experiencing symptoms of depression.*



Dr. Earlise Ward invites you to participate in classes designed to help you learn about depression and healthy coping behaviors.

- Participation includes 13 classes over 3 months.
- Your confidentiality and privacy will be protected.

To learn more, call our study team at 608-262-7917 or email [OHD@fammed.wisc.edu](mailto:OHD@fammed.wisc.edu)



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