Mona Mathews, MA, PMP Transformation Program Manager at MetaStar

Mona has been in healthcare for over 30 years and has provided clinical leadership, project management, and quality improvement to the organizations where she has worked. Mona holds two Master's degrees, Health and Human Services and Management both from St. Mary's University in Winona, MN.

In her current role as Healthcare Transformation Program Manager at MetaStar, she manages projects with a variety of focuses, including research, practice facilitation, technical assistance, and continuing education. Before starting at MetaStar, she worked at the University of Wisconsin School of Medicine and Public Health, Department of Family Medicine (DFM) Residency program in Eau Claire, WI as a Program Coordinator. While working at the DFM residency program, she provided quality improvement (QI) training to residents and oversaw their QI projects. During her time with the DFM, she led two residency clinics through the Patient Centered Medical Home Recognition process.

When not at work, Mona gives back to her community by serving on several boards and committees including as a Town Supervisor in Eau Claire County Town of Union and Chippewa Valley Technical College. In her spare time, she enjoys biking, camping, hiking, and quilting.